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Rudrakshajabala Upanishad

Rudraksha Jabala Upanishad belongs to the category of Samavediya upanishads and is related to Rudraksha. This Upanishad explains the importance of Lord Shiva's Rudraksha. This Upanishad talks about the origin, effects, shape etc of the Rudraksha. It also tells the right procedure of wearing a Rudraksha.

Origin of Rudraksha

In the starting of this Upanishad, Bhusund asks Kalagnirudra about Rudraksha. He wanted to know its origin, effects and importance. Kalagnirudra says that Rudraksha originated because of him. He says that while killing Tripurasur, some drops of his tears fell on the ground which took Rudraksha's form. Even reciting Rudraksha's name is considered to be equal to giving food to ten cows. Kalagnirudra says that the drops of water that fell from his eyes that were closed for a thousand years took the form of Rudraksha. He says that Rudraksha solves all problems and relieves a person from any sort of sins. Even a glimpse of Rudraksha solves all problems and wearing it gives numerous benefits. Its power increases when a person recites mantras while wearing it.

Description of Rudraksha

A Rudraksha which equals the size of the Amla fruit is considered to be the best. A Rudraksha similar to the size of Ber fruit shows medium effects and a Rudraksha which equals the size of a Chana (Chickpea) gives the least positive results. Kalagnirudra also says that a Brahma is similar to a white Rudraksha, a Kshatriya is a red Rudraksha, a Vaishya is yellow Rudraksha and a Shudra is a black Rudraksha. Hence, people belonging to these castes should wear the respective Rudrakshas.

A Rudraksha that is big, hard, sharp and beautiful should be used. A broken Rudraksha should never be used. A Rudraksha with a natural hole is the best. A Rudraksha which is pierced should not be used. A devotee of Lord Shiva should always wear a Rudraksha. Wearing thousand pearls of Rudraksha is considered to be very beneficial. A person should recite Ishta mantra while wearing a Rudraksha on the forehead. Tatpursha mantra should be recited while wearing a Rudraksha around the neck. In the same way, Aghor mantra should be recited if a Rudraksha is worn in the hand.

Various Forms of Rudraksha

Bhusund again asks Kalagnirudra about the various forms and their effects of Rudraksha. Kalagnirudra says that one mukhi Rudraksha is a form of the core element of existence. A two mukhi Rudraksha is known as Ardhanarishwar. People wearing this Rudraksha are blessed by both Lord Shiva and Goddess Parvati. A three mukhi Rudraksha is known as Agnitreyya. People wearing it are blessed by Lord Agni. A four mukhi Rudraksha is a form of Lord Brahma.

A five mukhi Rudraksha is a form of five-headed Shiva that relives a person from all sins. A six mukhi Rudraksha is a form of Lord Ganesha and Kartikeya. People wearing it are blessed with knowledge, intelligence, wealth and health. A seven mukhi Rudraksha is a form of the seven different loks. People wearing it are blessed with a pure heart, wealth and health. An eight mukhi Rudraksha is a form of the eight qualities of nature. A nine mukhi Rudraksha is a form of the nine types of powers. A ten mukhi Rudraksha is a form of Yamdev.

An eleven mukhi Rudraksha is a form of Ekadash Rudra and people wearing it are blessed with wealth and health. A twelve mukhi Rudraksha is a form of Lord Vishnu and twelve suns. Wearing it helps a person to attain salvation. A thirteen mukhi Rudraksha is considered to be a form of Kamdev. A fourteen mukhi Rudraksha is believed to have originated from Lord Shiva's eyes. People wearing it are free from any sorts of diseases.

Rules for Wearing Rudraksha

A person wearing a Rudraksha should avoid non-vegetarian food, alcohol, onion, garlic etc. A person is free from all sins on wearing a Rudraksha on auspicious days like the Purnima. The basis of Rudraksha is Lord Brahma. The centre is Lord Vishnu. The face is Lord Rudra and the holes represent different Devas. Once, Sanatkumar asks Kalagnirudra about the right procedure to wear a Rudraksha. At the same time, other saints visit the place including Saint Nidagh, Saint Dattatreya, Saint Katyayan, Saint Bhardwaj, Saint Kapila, Saint Vashishtha and Saint Pippilad. They also wanted to know the same thing as Sanatkumar. Kalagnirudra tells them that Rudraksha originated from his eyes and that is the reason why it is called Rudraksha. He also says that just a glimpse of Rudraksha solves all problems and a person wearing it receives numerous benefits.

A person hearing or reading this Upanishad receives a lot of benefits. He is free from all sins and is blessed with immense intelligence and knowledge. This Upanishad frees a person from the sins of this and the past lives. A Rudraksha provides the same benefits as reciting a Gayatri mantra six lakh times.

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